PROCLAMATION
MENTAL HEALTH AWARENESS MONTH
MAY 2021

WHEREAS, mental health is part of overall health and helps to sustain an individual's thought processes, relationships, productivity and ability to change or face adversity; and

WHEREAS, mental illness adversely affects those abilities and often is life-threatening in nature; and

WHEREAS, one in five Americans has a mental health condition and 12.8 million adults live with a severe mental illness. In Florida, 2,769,000 adults have a mental health condition; and

WHEREAS, approximately 50% of mental illness begins by age 14 and 75% by the age of 24; and

WHEREAS, early identification and treatment can make a profound difference in successful management of mental illness and recovery; and

WHEREAS, the National Alliance on Mental Illness (NAMI) Martin County is available to support, educate and advocate in areas related to mental illness and mental health and offer various support groups, classes and activities throughout the year; and

WHEREAS, every citizen and community can make a difference in helping end the silence and stigma that for too long has surrounded mental illness and discouraged people from getting help.

NOW, THEREFORE, I, EULA R. CLARKE, as Mayor of the City of Stuart, Florida do hereby proclaim in the City of Stuart, Florida the month of May 2021, as:

MENTAL HEALTH AWARENESS MONTH

IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the City of Stuart, Florida to be affixed this _____ day of May, 2021.

_____
EULA R. CLARKE
MAYOR